

## Loading .45 ACP – 230 gr FMJ RN with Accurate No. 5

### Setup:

Pistol: Kimber Team Match II or SS TLE II – 5" barrel with 1/16 twist

Powder: Accurate No. 5

Bullets: Everglades Ammo - 230 gr – FMJ RN (0.654" long)

COL & Crimp: COL 1.250" – Very light Lee FCD taper crimp

Cases: Winchester, Starline

Primers: CCI 300, Federal Gold Metal Match



### Load Data:

Source	Start	Velocity	Max	Velocity	Barrel	Twist	Case	Primer
Hornady 9th (FMJ-RN 1.210")	6.5	700	7.9	850	5	1/16	Horn	WLP
Accurate #5 (Nosler FMJ 1.250")	7.8	816	8.7	927	5	1/16	REM	F 150
Accurate #5 (Sierra FMJ 1.270")	7.4	814	8.7	939	5	1/16	REM	F 150
Nosler 8.0 (FMJ 1.20" & JHP 1.20")	7.5	740	8.5*	840	5	1/16	Win	F 150
* Most accurate tested was max load								
THR.com - 8.5 gr to get 850+ fps, 8.0 gr. for lead								

*Note - Always verify load data for yourself, starting low and working up in safe increments. Published data varies from source-to-source, and subject to typos and transposing errors. Additionally, internet posts such as this are someone's personal experience.*

**Results:** 5 shots each at 7 yds., benchrest with sandbag: (Ref. PPU Factory 230 FMJ – Avg. 809, ES 23, SD 10)

Caliber: .45 ACP Date: 06/27/20 Conditions: Cloudy, 75 F Distance: 7 yd

Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper

Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: CCI 300

Gun: Kimber Team Match II - 5" barrel

7.6 GR Avg: 793 ES: 21 SD: 9 796, 798, 798, 798, 777



Caliber: 45 ACP Date: 06/27/20 Conditions: Cloudy, 75 F Distance: 7 yd

Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper

Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: CCI 300

Gun: Kimber Team Match II - 5" barrel

7.2 GR Avg: 753 ES: 23 SD: 9 746, 769, 756, 748, 747



Caliber: 45 ACP Date: 06/27/20 Conditions: Cloudy, 75 F Distance: 7 yd

Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper

Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: CCI 300

Gun: Kimber Team Match II - 5" barrel

7.4 GR Avg: 780 ES: 21 SD: 9 769, 790, 787, 785, 772





Caliber: 45 ACP Date: 06/27/20 Conditions: Cloudy, 75 F Distance: 7 yd  
Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper  
Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: CCI 300  
Gun: Kimber Team Match II - 5" barrel

7.8 GR Avg: 832 ES: 15 SD: 5 836, 839, 824, 830, 832



Caliber: 45 ACP Date: 08/01/20 Conditions: 88 F, 71% Distance: 7 yd  
Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper  
Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: FGMM  
Gun: Kimber Stainless TLE II - 5" barrel

7.8 GR Avg: 855 ES: 23 SD: 9 861, 855, 861, 860, 838



Caliber: 45 ACP Date: 08/01/20 Conditions: 88 F, 71% Distance: 7 yd  
Bullet: 230 GR Everglades FMJ COL: 1.250" Crimp: Taper  
Powder: Accurate #5 Case: Starline LG: \_\_\_\_\_ Primer: FGMM  
Gun: Kimber Stainless TLE II - 5" barrel  
7.9 GR Avg: 864 ES: 5 SD: 2 865, 866, 862, 861, 866



230 GR 1.25" 7.9gr. AA#5

**DISCLAIMER**

The load data contained above was developed using specific components. Other components may not produce equivalent pressure or velocities; therefore, it is recommended that the user be familiar with the basic rules of reloading safety. If you choose to use any load data above, you are using at your own risk.

Always verify load data for yourself, starting low and working up in safe increments. Published data varies from source-to-source, and subject to typos and transposing errors. Additionally, internet posts such as this are someone's personal experience. My recommendation is that you should always consult at least three sources of manufacturer's ammunition and/or powder reloading data before reloading your own ammunition.